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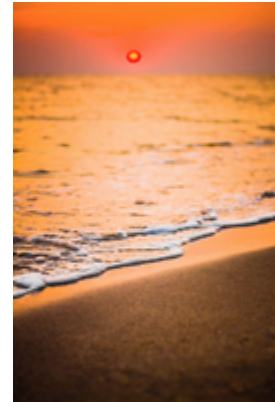
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From The Executive Couple

HOT, HOT, HOT!

California is having its Indian Summer with 100° days and 60° nights.

For the first time in a long time we don't have air-conditioning in our home and everything is hot, sticky and the heat makes it hard to sleep at night. So Mike has been up in the early hours thinking, scheming and "steaming."



Joni and I are trying to learn our new community, establish routines in our small condo, and agree on remodeling plans for our soon-to-be new home! There have been many opportunities for conflict, disagreement and frustration. Reading the papers lately we realize that divorce rates are down except in one group – couples over 50 years old – which is most of you reading this newsletter.

Protect yourselves, protect your marriage, protect your coupleness! Joni and I have had lots of opportunities to be angry and frustrated. We use our Marriage Encounter skills and tools, and lots of prayer as a couple - to get past the tough parts and we encourage you to do the same.

Marriages with both a long history and Marriage Encounter skills are the best! Continue to make yours a wonderful marriage. We are here for you too!

Hugs,
Mike & Joni
exec-couple@marriage-encounter.org

New Donation Options

PayPal now offers a special donation option for nonprofit



encounter.org

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Mindful Marriage Moments



organizations. That means you have a choice of making donations to NME through the current **Donate button** validated by Trustwave or the new PayPal option located immediately below it. The NME Privacy Statement applies to both options.



If you would like to set up automatic recurring donations, please use the PayPal option. Otherwise, the two choices are fairly similar. We will continue to offer both until such time as one or the other is no longer feasible.

If you have questions, please contact:

bus-admin@marriage-encounter.org

Don't forget the AmazonSmile opportunity:

<http://marriage-encounter.org/amazonsmile/>

Donations by check are just as important and always welcome! Send checks made out to National Marriage Encounter to the National Office.

Fall Weekend Dates

October

October 10-11 – Twin Cities
October 16-18 – Central Texas
October 23-25 – Central Coast, CA
October 24-25 – Chippewa Valley

November

November 6-8 – Green Bay ME
November 7-8 – Jefferson City
November 21 – Twin Cities (Engaged)

December

December 5-6 – New Mexico
December 12-13 – Twin Cities ME



TURN AROUND THE GOLDEN RULE

This month's Mindful Marriage Moments is a little longer than usual

TURN AROUND THE GOLDEN RULE

When we have an argument or fight would I rather be by myself for awhile or work it out right away?

Do I like to be surprised with a gift or on a date, or would I rather have a say so it's what I really want?

Would I appreciate my beloved cleaning out our photos, junk drawer, basement, or would I rather do it myself (or together) since I know the way I like it done?

When making love do I like adventure or comfort?



Prayer Network

To submit your name to be on the list to pray, or to make a prayer request, send an email to: Mike and Gene Vander Heyden mikengene@gmail.com. Put Prayer Network in the email subject line.

Please pray for the Marriage Encounter weekends and events and for the presenting and participating couples.

and comes from **Susan Vogt**. Her questions for your mindful consideration appear at the left.

The traditional Golden Rule reads "Do to others as you would have them do to you." (Luke 6:31) As generous and compassionate as this is, it doesn't always work as intended – especially in marriage.

For example: My husband's favorite dessert is coconut cream pie. I'm not a fan of coconut. It wouldn't be very loving of him to make me a coconut cream pie for my birthday.

Likewise, when I'm upset about something, I like to ventilate and talk it through with Jim. When he's upset (which is rare) he prefers to think it through privately first.

Thus, I propose we tweak the Golden Rule: Do to others as they would have you do to them. This requires knowing each other well enough and trying to understand your spouse's needs rather than just giving what you would want.

Past NME Newsletters

Want to read information from past NME newsletters?

Some highlights:

January 2015: Affiliate Spotlight--Central Coast California

February 2015 and September 2015: Updates from the NME Winter and Summer Board meetings

July 2015: provides some details about how NME uses the money you donate to keep the organization running.

Check out the **Archives** tab on the NME website for all the 2015 Newsletters.



2016 NME Summer Conference

Make plans now for the next conference:

**August 4-7, 2016 at
Stevens Point WI**



You will find conference information in monthly updates called
The Gift of . . .

Watch for the next one later this month.

To see what happened at the 2015 NME Conference, read a message from Father Bob that also provides directions on how to access and view conference photos, by clicking on this link:

<http://marriage-encounter.org/blog/>



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